

Lunch Menu

Executive Chef Jonathan Martinez

Soups

Soup Du Jour
Cup \$4 / Bowl \$6

Gazpacho
Garnished With Avocado
Cup \$4 / Bowl \$7
Add Dungeness Crab \$3

Salads

Add: Chicken \$5 / Salmon \$8 / Shrimp \$9

Classic Caesar Salad

Romaine Hearts, Shredded Parmesan Cheese
Homemade Focaccia Croutons, Parmesan Tuile
Caesar Dressing
Full \$10 / Petite \$6

Winter Kale Salad

Baby Kale, Roasted Butternut Squash
Dried Cranberries
Goat Cheese Hibiscus Vinaigrette
Full \$14 / Petite \$11

MTC Asian Salad

Iceberg Lettuce, Chicken Breast, Sesame Seeds
Wontons, Toasted Almonds, Mandarin Segments
Asian Dressing
Full \$14 / Petite \$9

Greek Salad

Sliced Red Onion, Cucumber, Feta Cheese
Kalamata Olives, diced Tomatoes
Grilled Pita Bread, Garlic & Herbs
Full \$13 / Petite \$9

Arugula Salad

California Medjool Dates, Candied Walnuts
Sliced Apples, Spanish
Manchego Cheese Champagne Vinaigrette
Full \$15 / Petite \$11

Chicken Milanese

Mixed Greens, Papaya, Avocado, Celery
Strawberries, Glazed Pecans
Honey Mustard Dressing
Full \$15 / Petite \$10

Cobb Salad

Iceberg Lettuce, Turkey, Ham, Bacon, Grated Egg
Bleu Cheese, Avocado, Tomato
Choice of Dressing
Full \$15 / Petite \$10

Mulholland Chopped Salad

Iceberg Lettuce, Chicken Breast, Salami
Mozzarella, Garbanzo Beans, Roasted Bell Peppers
Cherry Tomatoes with White Balsamic Vinaigrette
Full \$13 / Petite \$8

We Use Mary's Free-Range Organic Chicken

Sandwiches & Burgers

Deli Sandwiches Available

Sandwiches & Burgers Come
With choice of:

French Fries, Steak Fries, Curly Fries, Fresh Fruit
Sweet Potato Fries, Chips, Coleslaw or Cottage Cheese

MTC Club

Toasted Whole Wheat Bread, Deli Ham, Turkey
Bacon, Lettuce, Tomato & Mayo
\$12

Santa Fe Burger

Beyond Meat Vegan Patty, Provolone Cheese
Zesty Pico De Gallo, Lettuce Tossed in Cilantro Dressing
And Fresh Sliced Avocado with Choice of Side
\$12

Sirloin Burger

Turkey Burger

House Ground Beef Patty Or Ground Turkey Patty
Lettuce, Tomato, Onion, Pickle Spear
\$11

Open Face Tuna Melt

Shredded Lettuce, Tomato, Cheddar Cheese
Sliced Avocado on Brioche Bun with Choice of Side
\$15

Crispy Chicken Sandwich

Fried Chicken Breast, Lettuce, Onion, Tomato
Home Made Ranch on Brioche Bun with Choice of Side
\$15

Old Fashion Turkey Delight

Home Baked Turkey, Bacon, Swiss Cheese, Sliced Avocado
\$14

Entrées

Blackened Fish Tacos

Mahi Mahi Fish Wrap in Corn Tortillas with
Mango Relish, Sour Cream, Black Beans
Served with Spanish Rice
\$14

Mexican Chicken Tostada

Grilled Chicken, Spanish Rice, Black Beans
Shredded Lettuce, Pico De Gallo, Guacamole
Cheese, Sour Cream & Cilantro Ranch
\$13

Southwest Quesadilla

Add: Chicken \$4 / Shrimp \$6
Mixed Cheese, Guacamole, Sour Cream, Salsa
\$10

Wet Burrito

Spanish Rice, Black Beans, Chicken or Beef
Wrapped on a Flour Tortilla Topped with
Red Chili Sauce Pico de Gallo and Sour Cream
\$13

Ahi Tuna Tacos

Wrapped in Bibb Lettuce, Asian Slaw, Micro Greens
Sweet Chili Sauce
Calories 220 Protein 13.5g

\$14

Asian Stir-Fry

Chicken Breast, Oriental Vegetable Medley
Steamed White Rice or Brown Rice, Scallions
Sesame Ginger Sauce
Calories 256 Protein 31g
Full \$12 / Petite \$8

Additional Options

For Your Burgers, Salads & Sandwiches

Split Fee For All Non-Petite Items \$2

Tomatoes .51

Onions .50

Relish .50

Green/Red Peppers .50

Sour Cream .50

Cucumbers .50

Almonds .50

Walnuts .50

Salsa .50

Pico De Gallo .50

Guacamole \$2.50

Avocado \$1.50

Bacon \$4

Cheese \$1

Sautéed Mushrooms \$1

Sautéed Onions \$1

Fried/Hard Boiled Eggs \$2

1 Egg Any Style \$2

